



Naturopathic Wellness Program

Dr. Hoffmann is pleased to introduce a cost effective ***Naturopathic Wellness Program***. This program is an outstanding way to achieve a sensible and healthy lifestyle. Consisting of a comprehensive evaluation every three months, the wellness program not only detects early features of disease but serves to prevent disease and promote healthy living. Utilizing Meridian Stress Assessment (MSA) technology, recorded data is analyzed to detect imbalances in your body and optimize both your nutritional and supplemental requirements.

All too often, the latest 'fantastic nutrient' in the media is described as the panacea for healthy living and off to the supermarket we go to purchase it. While this is to be commended, it really does pay to know what you're buying. With no regulation of supplements by Health Canada or any other regulatory body in the country, it is crucial to research these supplements thoroughly. Unfortunately, a number of products contain substances that are either not able to be absorbed by the body or actually cancer causing.

Are they right for you? Are they of superior quality? Are there any contraindications? These are questions you must ask to not waste your money on inappropriate and inferior products.

Each nutritional, naturopathic product Dr. Hoffmann prescribes is clinically tested and extensively investigated. Taken in therapeutic doses, they contain only the best absorbed forms providing the most effective therapeutic benefit.

A naturopathic medicine approach educates and empowers people to improve their overall health and vitality. Consuming the right foods and nutrients is the best health insurance you'll ever have setting you on the path to a lifetime of health and wellbeing.

Experience the difference natural medicine can make to achieve optimal health and vitality.

For more information please speak with Dr. Michael Hoffmann

Book an appointment today; your health is worth it!

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