

ALLERGIES

- ↻ Its estimated that 50 million North Americans suffer from allergies
- ↻ Common symptoms include: runny nose, stuffy nose, sneezing, nasal itching, itchy eyes & throat, post nasal drip

Conventional Treatment Options

- ↻ Over-the-counter antihistamines
- ↻ Prescription antihistamines
- ↻ Extended series of allergy injections
- ↻ Most of these interventions are partially effective at best

Naturopathic Medicine

- ↻ Causes & contributing factors include:
 - Adrenal gland dysfunction can alternately stimulate & suppress immune function
 - Leaky gut syndrome allowing large allergens to come into contact with the blood
 - Liver congestion causing a reduction in environmental detoxification
 - Thymus dysfunction leading to imbalanced immune reaction
- ↻ Short-term approach
 - Allergen elimination from environment
 - Allergy desensitization
- ↻ Long –term approach
 - Treatment of organs systems contributing to underlying allergies
 - Adrenal glands
 - Intestines
 - Liver
 - Thymus
- ↻ Advantages to Naturopathic treatment
 - Treating the cause of allergies
 - Non-invasive
 - Pain free